

National Association of Letter Carriers

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Due to Covid-19 we are not able to host traditional classroom settings for training. This virtual interactive training will utilize "Zoom" that will have brief lectures and slides along with virtual breakout rooms to work on projects and tasks in smaller groups. We recognize that we are asking a lot by breaking this up into three evenings after work taking up family and personal time. However, our goal is remote training that will be engaging, interesting and useful to the participants presented in smaller manageable segments. I ask that participants commit to all three dates. Course materials will be sent directly to participants by email.

Dates and Topics:

October 6: Basic OWCP- quick recap; eComp registering; Initial claim filing steps.

October 8: Detailed statement of injury (gather, write, assist); COP; CA16; CA17 and Job Offers/2499's.

October 13: Medical evidence review; Development letters; Accepted conditions; Claim Denials; CA7/CA7A's; OWCP 915's and 957's; Schedule Awards.

Time:

Training will begin promptly at <u>7pm and run until 9pm</u>. To address any technology issues, the Zoom meeting will be scheduled to start at 6:30pm.

<u>Please call: 440-282-4340 or email: Lawrence@nalc.org the following information no later than September 9, 2020:</u>

- 1) Name of participant, Branch #, title/NALC position
- 2) Their email address (check daily for Zoom meeting invite)

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^{*}Please Note* The zoom invite will involve pre-registration. Please complete this initial step no later than October 1, 2020.